

Twisting, Turning and Rotating

3-day Advanced Training

Jeremy Krauss

The human ability to twist, turn and rotate is essential for initial development as infants and for the continued functioning and health of the adult spine.

As practitioners we see many people who have various difficulties in these three domains. In this Advanced Training we will take a more in depth look at these important functions. We will learn to work in FI with more clarity and understanding so that your results in this domain are more satisfying and potent.

We will do ATM every day with a direct developmental relationship to the work we will do in FI.

Jeremy Krauss

Jeremy was trained directly by Dr. Feldenkrais and has been studying and teaching the Feldenkrais Method for over 20 years. He is the translator of the Alexander Yanai lessons Volumes 6-11 from Hebrew into English. He is known as a teacher for his clear presentation of both the practical and theoretical aspects of the Method.

Thur, 27. – Sat, 29. September 2007 10.00 – 16.30 Theater des Augenblicks, Edelhofgasse 10, 1180 Wien € 290,- (incl. 20% MwSt.)

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Hinweis

Am Sonntag, den 30. September 2007 wird Jeremy zusätzlich einen 1-tägigen Public Workshop geben. Mehr Infos auf www.feldenkrais-wien.at/jeremykrauss